

Love Power

A Love Song for our Life on Earth

When we see more deeply who we are as human beings and what an absolutely magnificent experience it can be to live, love and create here and now, we develop a much greater self-appreciation.

When we appreciate our precious life, when we understand life on earth fundamentally and deeply with our heart and mind that much better, when we understand what a gift it is to be living, we consciously **experience presence and gratitude**.

From there we can develop a much **better measure** of what our life is really about, what is meaningful and valuable or what is rather not.

If we understand which forces exist in us and how they are connected to each other, what they do, and what their tasks, possibilities and also weaknesses are, we can handle them appropriately and wisely.

Is there a place in us, a part that is specifically responsible for making decisions? What would happen if there was? From what kind of information is it fed and by whom?

With the first **Ten Great Powers** presented in the training, we learn to exercise purposeful and **life-enhancing choices**. Nourished by valuable information and implemented at the right time, these choices and their effects become tangible and visible in our own being and in the world.

In this way, we learn what **self-responsibility** really means and can accomplish. We understand more deeply how our individual actions create our own life reality to the greatest extent, and, multiplying, the world. With a well-educated Self, a person can engage as a responsible citizen for **the good, the beautiful**, the important and stand up for values such as **respect**, responsibly lived freedom and the protection of a **peaceful coexistence** on and with our life-giving earth.

Regina Körten-Knott

